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[Re-accredited by NAAC with 'A+' Grade]

No.170/PGD/CDE/Exams/2025

Date: 07-10-2025

CERTIFICATE COURSE IN YOGA EXAMINATIONS OCTOBER -2025

TIME - TABLE

Timings: 2:00 PM to 5:00 PM

Theory Papers:

DATE DAY	PAPER	SUBJECT
14-10-2025 Tuesday	CCY - 001	Introduction to Yoga
16-10-2025 Thursday	CCY - 002	Traditions of Yoga
18-10-2025 Saturday	CCY - 003	Contemporary Issues and Yoga
21-10-2025 Tuesday	CCY - 004	Classical Hatha Yoga Sadhana and Yogic Diet
23-10-2025 Thursday	CCY - 005	Structural & Functional Yoga

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