(Accredited by NAAC with 'A' + grade)

No.02/PGD/CDE/Exams/2024

CERTIFICATE COURSE IN YOGA

EXAMINATIONS FEB / MAR -2024

TIME - TABLE

Timings: 2:00 PM to 5:00 PM

Theory Papers

DATE DAY	PAPER	SUBJECT
27-02-2024	CCY - 001	Introduction to Yoga
Tuesday		
29-02-2024	CCY - 002	Traditions of Yoga
Thursday		
02-03-2024	CCY - 003	Contemporary Issues and Yoga
Saturday		

Practical Papers

CCY - 004	Classical Hatha Yoga Sadhana and Yogic Diet (Practical)
CCY - 005	Structural & Functional Yoga (Practical)

Note: Dates for conducting practical Exams will be announced by concerned Course Coordinator and will be conducted at PGRRCDE, OU, Hyderabad.

CONTROLLER OF EXAMINATIONS